

# “TRI” FOR CHILDREN AT RISK

A Charity for Children with Autism



*Finishing my first Try a Tri 2017*

Follow my journey at [www.naturaltash.com](http://www.naturaltash.com) or get in touch at [contactnaturaltash@gmail.com](mailto:contactnaturaltash@gmail.com)

## THE QUEST!

*I will complete my first ever 70.3 Ironman Triathlon July 8, 2018. My goal during my training is to raise \$10,000 for Children At Risk, a local charity that provides respite programs for families with children who have Autism Spectrum Disorder. They are as passionate as I am about helping these families develop their children's behavioral, communication, and social skills as well as constantly advocating for these children's ongoing needs!*



*Camp Kaleidoscope Fun 2017*

Please help me reach my goal by donating at:

[canadahelps.org/en/pages/tri-for-children-at-risk/](http://canadahelps.org/en/pages/tri-for-children-at-risk/)

More Information: [childrenatrisk.ca](http://childrenatrisk.ca)



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